Steadfast in the Strategy

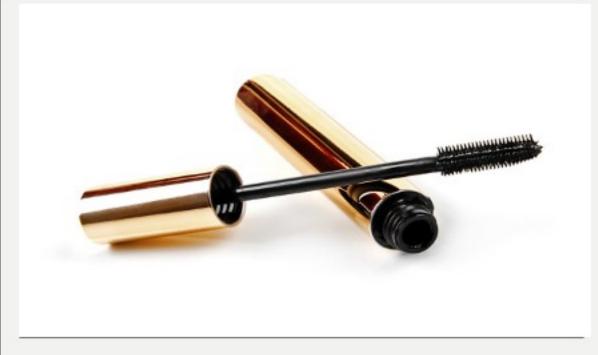
JOSHUA 1:7



2 Morning Must Haves

COFFEE

MASCARA





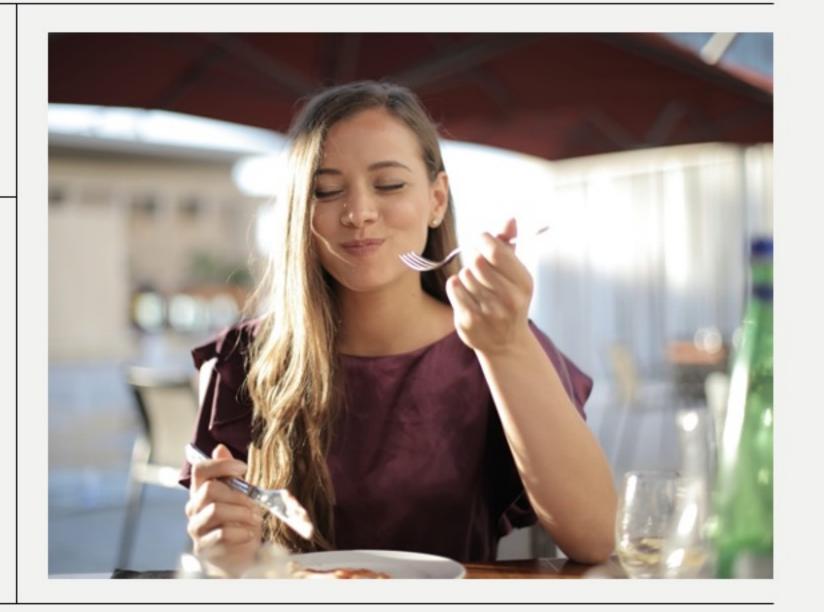
 "After the death of Moses the Lord's servant, the Lord spoke to Joshua son of Nun, Moses's assistant. Moses my servant is dead. Now you and all the people prepare to cross over the Jordan to the land I am giving the Israelites. I have given you every place where the sole of your foot treads, just as I promised Moses. Your territory will be from the wilderness and Lebanon to the great river, the Euphrates River - all the land of the Hittites - and west to the Mediterranean Sea... Be strong and courageous, for you will distribute the land I swore to their fathers to give them as an inheritance."

Joshua 1:7-8

 "Above all, be strong and very courageous to observe carefully the whole instruction my servant Moses commanded you. Do not turn from it to the right or the left, so that you will have success wherever you go. This book of instruction must not depart from your mouth; you are to meditate on it day and night so that you may carefully observe everything written in it. For then you will prosper and succeed in whatever you do."

Benefits to Eating Slowly

- Improved digestion
- Better satiety and appetite control
- Increased enjoyment of food
- Improved weight control
- Better nutritional absorption



Enemies of Steadfastness in the Word

ENEMY 1: BUSYNESS/ HURRIED LIFE



Think subtraction not addition

John
Mark
Comer

The
Ruthless
Elimination
of
Hurry

Foreword
by
John
Ortberg

THE SOLUTION TO AN **OVERBUSY LIFE IS NOT MORE** TIME. IT'S TO SLOW DOWN AND SIMPLIFY OUR LIVES AROUND WHAT REALLY MATTERS.

John Mark Comer

The Ruthless Elimination of Hurry: How to Stay Emotionally Healthy and Spiritually Alive in the Chaos of the Modern World

Strategy for Steadfastness

"This book of instruction must not depart from your mouth; you are to meditate on it day and night so that you may carefully observe everything written in it. For then you will prosper and succeed in whatever you do." – Joshua 1:8

Enemies of Steadfastness in the Word

ENEMY 2: COMPLACENCY



Snack on the

The Good:

- Meant for quick burst of energy
- Stabilizes blood sugar levels

The Bad:

- Not intended for lasting sustenance
- Can curb appetite from more nutritious/ hearty meals

















Strategy for Steadfastness

"For the waywardness of the inexperienced will kill them, and the complacency of fools will destroy them."

- Proverbs 1:32

Enemies of Steadfastness in the Word

ENEMY 3:

DISAPPOINTMENT/

HURT



Strategy for Steadfastness

"Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise Him, my Savior and my God."

-Psalm 42:11

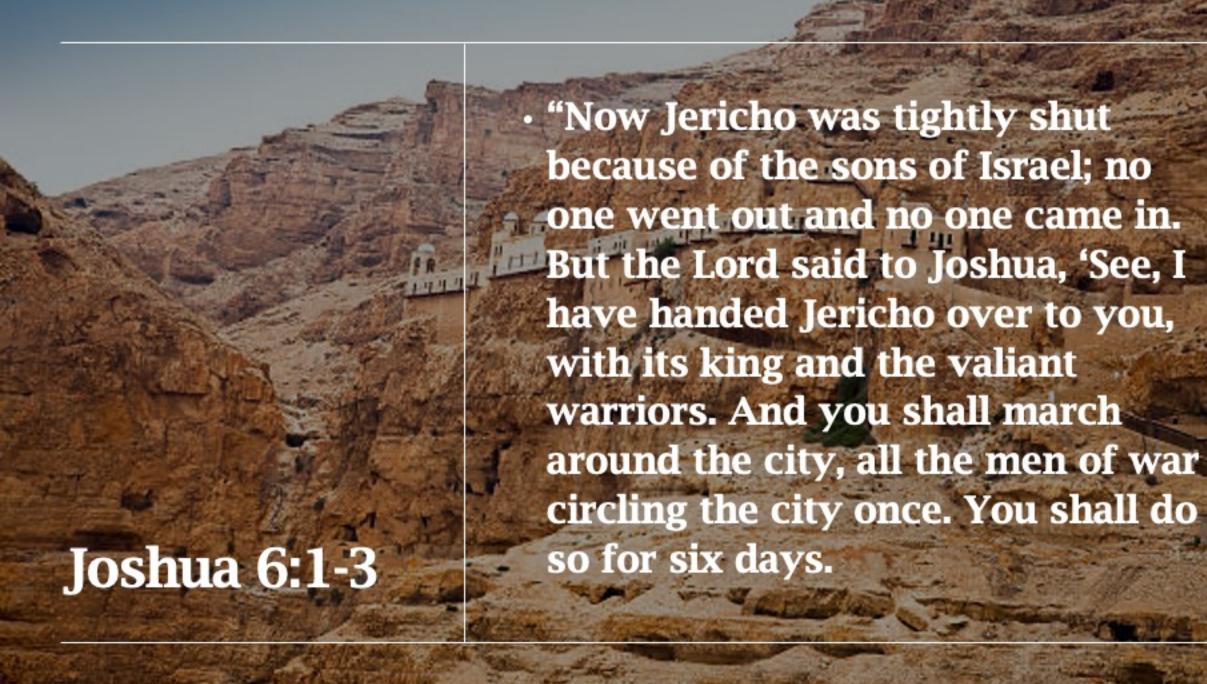
Don't retreat from the One who knows your pain

Jesus experienced betrayal, loneliness, disappointment, frustration, church hurt, grief

faithful. God alone is enough, and God alone is able to rewrite our stories of pain to be more beautiful than we could ever think of or imagine.

ALICE MATAGORA







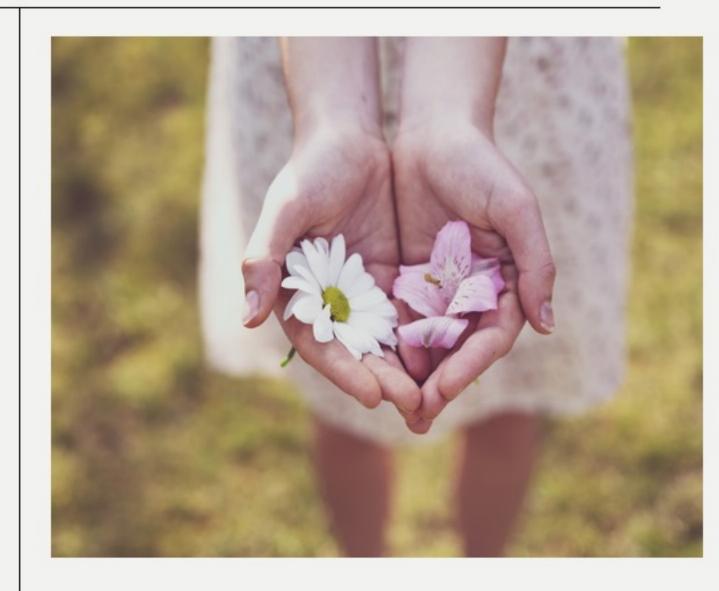
· " Also seven priests shall carry seven trumpets of rams' horns in front of the ark; then on the seventh day you shall march around the city seven times, and the priests shall blow the trumpets. It shall be that when they make as long blast with the rams' horn, and when you hear the sound of the trumpet, all the people shall shout with a great shout; and the wall of the city will fall down flat, and the people shall go up, everyone straight ahead."

Chapter 34 STEADFAST LOVES MERCY **HOSEA 2:19**



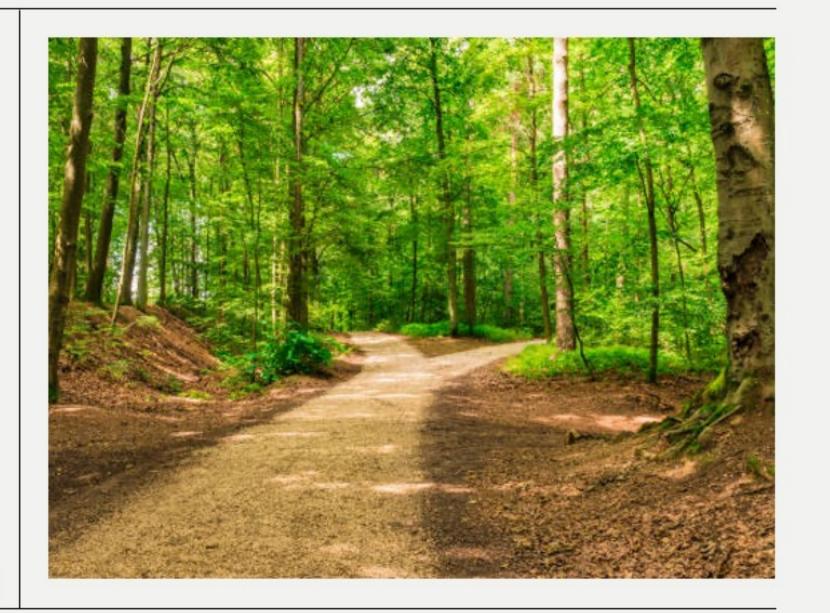
The Strategy Requires Surrender

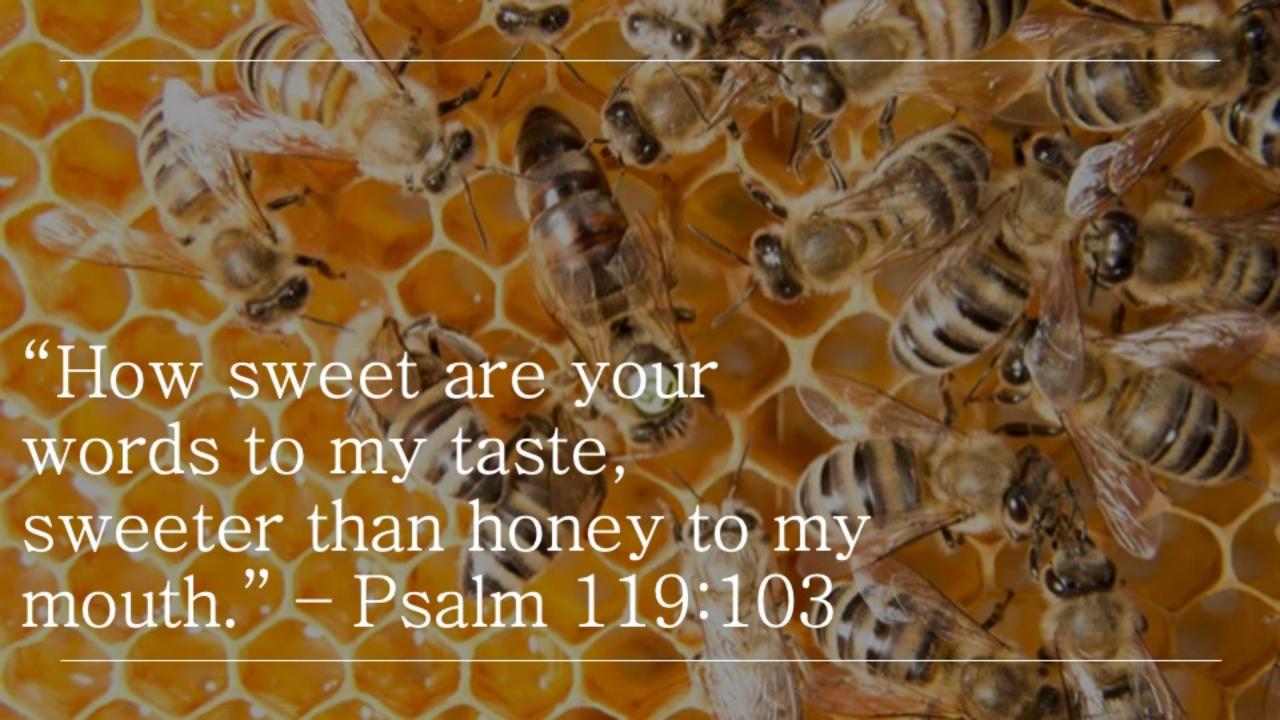
"Do not turn from it to the right or the left, so that you will have success wherever you go." -Joshua 1:7



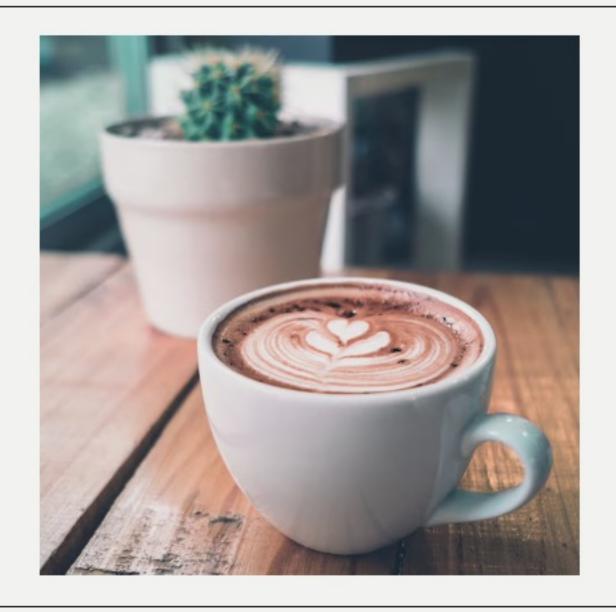
The Word is the Strategy

- Resisting Temptation
- Developing Spiritual Growth
- Navigating Relationships
- Handling Conflict healthily
- Direction on Decisions
- Experience Lasting Joy and Hope
- Wrestling with Fear/Anxiety
- Finding Healing/Freedom
- Loving Difficult People
- Dealing with Unforgiveness
- Discovering Your True Identity





Meeting with God is less like a library and more like a coffee shop



Inhale:

Let the word of Christ

Exhale:

Dwell in me richly

- Colossians 3:16

